

**2009 Mackenzie Triathlon Final Results  
by Category**

Event	Category	Participant Name	Swim	BIKE	Run	FINAL
Du	M30-39	Neil Christian	0:12:01	0:48:03	0:28:13	1:28:17
	M50+	Paul Thibodeau	0:17:17	1:02:21	0:39:17	1:58:55
Tri	F16-29	Lindsay Mandryk	0:13:46	0:43:29	0:22:59	1:20:14
		Michelle Simpson	0:16:48	0:45:56	0:25:04	1:27:48
		Sarah Barr	0:16:55	0:45:24	0:26:31	1:28:50
		Melanie Chapple	0:20:33	0:46:34	0:27:34	1:34:41
		Kara Przewczek	0:18:49	0:51:59	0:27:26	1:38:14
		Heather Gudmundson	0:19:50	0:44:43	0:35:44	1:40:17
		Jaana Wilkinson	0:18:52	0:50:49	0:31:18	1:40:59
		Kim Lawyer	0:22:12	0:49:12	0:29:54	1:41:18
		Kelli Anderson	0:27:21	1:02:59	0:33:57	2:04:17
	F30-39	Marika Jurgens	0:13:29	0:40:49	0:24:48	1:19:06
		Janice Karpes	0:14:50	0:45:35	0:21:42	1:22:07
		Kristine Bock	0:16:46	0:45:03	0:26:27	1:28:16
		Keri Allen	0:19:15	0:46:11	0:29:25	1:34:51
		Denise Hogue	0:16:05	0:47:38	0:32:21	1:36:04
		Monika Gorzelak	0:16:18	#####	1:20:07	1:36:10
		Jayne Cloet	0:18:21	0:50:46	0:28:55	1:38:02
		Kyla Pearce	0:20:08	0:52:12	0:28:31	1:40:51
		Holly Christian	0:17:49	0:52:07	0:30:58	1:40:54
		Amber Genero	0:19:50	0:50:25	0:32:48	1:43:03
		Athena Andritz	0:26:49	0:51:23	0:32:21	1:50:33
		Bonnie Mercedes	#####	1:15:49	0:39:24	1:55:08
		F40-49	Carolyn Bax	0:14:12	0:41:56	0:22:39
	Lorelei St.Rose		0:16:35	0:41:50	0:22:17	1:20:42
	Barbara Polehoykie		0:14:56	0:42:20	0:24:32	1:21:48
	Christine Souka		0:17:18	0:44:00	0:28:43	1:30:01
	Karen Hall		0:19:33	0:45:17	0:27:43	1:32:33
	Jody Barber		0:19:17	0:51:04	0:23:08	1:33:29
	Blake King		0:20:01	0:44:41	0:31:58	1:36:40
	Suzanne Cyr		0:23:58	0:49:05	0:27:30	1:40:33
	F50+	Joanne Morgan	0:18:26	0:44:52	0:25:48	1:29:06
		Cheryl Miller	0:21:24	0:44:30	0:26:09	1:32:03
		Mary Jo Thibodeau	0:25:14	1:01:09	0:37:55	2:04:18
	M16-29	Rob Vogt	0:16:11	0:38:40	0:20:07	1:14:58
		Bryce Gladdish	0:15:14	0:39:59	0:20:41	1:15:54
		Jonathan Schneider	0:15:35	0:41:48	0:22:25	1:19:48
		Darcy Michiel	0:19:05	0:40:31	0:23:26	1:23:02
		Matt Ferris	0:17:04	0:43:25	0:24:30	1:24:59
		Landon Blundell	0:18:59	0:43:05	0:28:02	1:30:06
	M30-39	Shaun Kuzio	0:13:24	0:35:55	0:19:28	1:08:47
		Paul Kennedy	0:13:24	0:37:49	0:23:14	1:14:27
Ryan McEwen		0:17:44	0:42:27	0:21:38	1:21:49	
Toni Kristinsson		0:16:44	0:41:05	0:25:19	1:23:08	
Andrew Spence		0:18:55	0:45:24	0:27:02	1:31:21	
Jason Barr		0:23:02	0:49:15	0:29:59	1:42:16	
M40-49	Sean Empey	0:14:09	0:41:52	0:20:14	1:16:15	
	Paul Knudsgaard	0:14:57	0:40:33	0:24:41	1:20:11	
	Wayne Lewis	0:14:49	0:40:14	0:25:14	1:20:17	
	Mark Nielsen	0:16:03	0:43:29	0:22:06	1:21:38	
	Rob Churchill	0:14:00	0:42:52	0:28:41	1:25:33	
	Richard Glazier	0:18:12	0:44:58	0:24:23	1:27:33	
	Gregg Kauk	0:00:00	1:02:31	0:26:17	1:28:48	
	Glenn Lemon	0:21:37	0:49:33	0:28:37	1:39:47	
M50+	Larry McCulloch	0:15:19	0:37:38	0:20:33	1:13:30	
	Roger St. Jean	#####	0:56:16	0:24:44	1:21:00	
	Bob Andrews	0:21:21	0:38:07	0:28:01	1:27:29	
	Tim Rowe	0:21:32	0:44:28	0:22:38	1:28:38	
	Bill Warner	0:17:52	0:47:37	0:26:09	1:31:38	
	Ross Knudson	0:24:32	0:47:52	0:28:27	1:40:51	
	Floyd Polehoykie	0:20:08	0:47:19	0:34:02	1:41:29	

**2009 Mackenzie Triathlon Final Results  
Overall Results**

Event	Participant Name	Home Town	Swim	BIKE	Run	FINAL
Tri	Shaun Kuzio	Mackenzie	0:13:24	0:35:55	0:19:28	1:08:47
	Larry McCulloch	Smithers	0:15:19	0:37:38	0:20:33	1:13:30
	Paul Kennedy	Prince George	0:13:24	0:37:49	0:23:14	1:14:27
	Rob Vogt	Prince George	0:16:11	0:38:40	0:20:07	1:14:58
	Bryce Gladdish	Prince George	0:15:14	0:39:59	0:20:41	1:15:54
	Sean Empey	Mackenzie	0:14:09	0:41:52	0:20:14	1:16:15
	Carolyn Bax	Prince George	0:14:12	0:41:56	0:22:39	1:18:47
	Marika Jurgens	Prince George	0:13:29	0:40:49	0:24:48	1:19:06
	Jonathan Schneider	Prince George	0:15:35	0:41:48	0:22:25	1:19:48
	Paul Knudsgaard	Prince George	0:14:57	0:40:33	0:24:41	1:20:11
	Lindsay Mandryk	Prince George	0:13:46	0:43:29	0:22:59	1:20:14
	Wayne Lewis	Mackenzie	0:14:49	0:40:14	0:25:14	1:20:17
	Lorelei St.Rose	Prince George	0:16:35	0:41:50	0:22:17	1:20:42
	Roger St. Jean	Fort St John	#####	0:56:16	0:24:44	1:21:00
	Mark Nielsen	Prince George	0:16:03	0:43:29	0:22:06	1:21:38
	Barbara Polehoykie	Fort St John	0:14:56	0:42:20	0:24:32	1:21:48
	Ryan McEwen	Chetwynd	0:17:44	0:42:27	0:21:38	1:21:49
	Janice Karpes	Prince George	0:14:50	0:45:35	0:21:42	1:22:07
	Darcy Michiel	Prince George	0:19:05	0:40:31	0:23:26	1:23:02
	Toni Kristinsson	Prince George	0:16:44	0:41:05	0:25:19	1:23:08
	Matt Ferris	Prince George	0:17:04	0:43:25	0:24:30	1:24:59
	Rob Churchill	Fort St John	0:14:00	0:42:52	0:28:41	1:25:33
	Bob Andrews	Fort St John	0:21:21	0:38:07	0:28:01	1:27:29
	Richard Glazier	Mackenzie	0:18:12	0:44:58	0:24:23	1:27:33
	Michelle Simpson	Chetwynd	0:16:48	0:45:56	0:25:04	1:27:48
	Kristine Bock	Fort Nelson	0:16:46	0:45:03	0:26:27	1:28:16
	Tim Rowe	Prince George	0:21:32	0:44:28	0:22:38	1:28:38
	Gregg Kauk	Prince George	0:00:00	1:02:31	0:26:17	1:28:48
	Sarah Barr	Fort St James	0:16:55	0:45:24	0:26:31	1:28:50
	Joanne Morgan	Prince George	0:18:26	0:44:52	0:25:48	1:29:06
	Christine Souka	Mackenzie	0:17:18	0:44:00	0:28:43	1:30:01
	Landon Blundell	Prince George	0:18:59	0:43:05	0:28:02	1:30:06
	Andrew Spence	Charilie Lake	0:18:55	0:45:24	0:27:02	1:31:21
	Bill Warner	Prince George	0:17:52	0:47:37	0:26:09	1:31:38
	Cheryl Miller	Mackenzie	0:21:24	0:44:30	0:26:09	1:32:03
	Karen Hall	Prince George	0:19:33	0:45:17	0:27:43	1:32:33
	Jody Barber	Smithers	0:19:17	0:51:04	0:23:08	1:33:29
	Melanie Chapple	Fort St John	0:20:33	0:46:34	0:27:34	1:34:41
	Keri Allen	Vanderhoof	0:19:15	0:46:11	0:29:25	1:34:51
	Denise Hogue	Prince George	0:16:05	0:47:38	0:32:21	1:36:04
	Monika Gorzelak	Prince George	0:16:18	#####	1:20:07	1:36:10
	Blake King	Prince George	0:20:01	0:44:41	0:31:58	1:36:40
	Jayne Cloet	Mackenzie	0:18:21	0:50:46	0:28:55	1:38:02
	Kara Przewczek	Prince George	0:18:49	0:51:59	0:27:26	1:38:14
	Glenn Lemon	Prince George	0:21:37	0:49:33	0:28:37	1:39:47
	Heather Gudmundson	Prince George	0:19:50	0:44:43	0:35:44	1:40:17
	Suzanne Cyr	Mackenzie	0:23:58	0:49:05	0:27:30	1:40:33
Kyla Pearce	Prince George	0:20:08	0:52:12	0:28:31	1:40:51	
Ross Knudson	Prince George	0:24:32	0:47:52	0:28:27	1:40:51	
Holly Christian	Mackenzie	0:17:49	0:52:07	0:30:58	1:40:54	
Jaana Wilkinson	Chetwynd	0:18:52	0:50:49	0:31:18	1:40:59	
Kim Lawyer	Prince George	0:22:12	0:49:12	0:29:54	1:41:18	
Floyd Polehoykie	Fort St John	0:20:08	0:47:19	0:34:02	1:41:29	
Jason Barr	Fort St James	0:23:02	0:49:15	0:29:59	1:42:16	
Amber Genero	Prince George	0:19:50	0:50:25	0:32:48	1:43:03	
Athena Andritz	Grande Prairie	0:26:49	0:51:23	0:32:21	1:50:33	
Bonnie Mercedes	Prince George	#####	1:15:49	0:39:24	1:55:08	
Kelli Anderson	Mackenzie	0:27:21	1:02:59	0:33:57	2:04:17	
Mary Jo Thibodeau	Prince George	0:25:14	1:01:09	0:37:55	2:04:18	
Du	Neil Christian	Mackenzie	0:12:01	0:48:03	0:28:13	1:28:17
	Paul Thibodeau	Prince George	0:17:17	1:02:21	0:39:17	1:58:55