

**2008 Mackenzie Triathlon Final Results  
by Category**

Category	Participant Name	Swim	BIKE	Run	FINAL
<b>F16-29</b>					
	Leanne Garrison	0:14:49	0:43:04	0:27:49	1:25:42
	Lia Thiesmann	0:20:08	0:51:41	0:16:59	1:28:48
	Natasha Latchford	0:18:15	0:46:55	0:24:55	1:30:05
	Lorena Campbell	0:24:43	0:46:52	0:26:07	1:37:42
	Heather Gudmundson	0:19:25	0:45:30	0:32:54	1:37:49
	Tara Green	0:24:57	0:44:03	0:29:27	1:38:27
	Michelle Simpson	0:17:02	0:52:36	0:29:03	1:38:41
	Mary Mitchell	0:23:40	0:51:08	0:25:00	1:39:48
<b>F30-39</b>					
	Sarah Tennant	0:12:17	0:38:57	0:21:06	1:12:20
	Naomi Callaghan	0:13:30	0:40:08	0:22:26	1:16:04
	Janice Karpes	0:16:58	0:48:04	0:25:30	1:30:32
	Susan Russell	0:18:01	0:46:17	0:27:27	1:31:45
	Karen Broadworth	0:23:50	0:47:44	0:21:55	1:33:29
	Jaimie Cloet	0:19:52	0:49:28	0:26:10	1:35:30
	Andrea Davy	0:17:27	0:48:23	0:29:50	1:35:40
	Christel Summerfelt	0:24:04	0:54:58	0:29:38	1:48:40
	Barb Heine	0:25:42	0:58:57	0:33:04	1:57:43
	Kristine Bock	0:16:10	0:00:00	0:00:00	0:00:00
<b>F40-49</b>					
	Janice Holmstrom	0:15:04	0:45:03	0:25:48	1:25:55
	Christine Souka	0:17:48	0:41:28	0:28:42	1:27:58
	Laura Brough	0:17:34	0:45:19	0:28:15	1:31:08
	Suzanne Cyr	0:24:27	0:47:18	0:25:22	1:37:07
<b>F50+</b>					
	Cheryl Miller	0:18:34	0:40:56	0:24:28	1:23:58
	Laura Kelly	0:18:48	0:53:56	0:35:57	1:48:41

**2008 Mackenzie Triathlon Final Results  
Overall Results**

Participant Name	Swim Time	Bike Time	Run Time	Final Time
1 Shaun Kuzio	0:12:54	0:34:15	0:17:40	1:04:49
2 Sarah Tennant	0:12:17	0:38:57	0:21:06	1:12:20
3 Paul Kennedy	0:14:08	0:38:01	0:22:20	1:14:29
4 Jonathan Taylor	0:16:47	0:38:43	0:19:34	1:15:04
5 Matt Janzen	0:16:38	0:38:30	0:20:05	1:15:13
6 Rob Vogt	0:18:00	0:36:45	0:20:42	1:15:27
7 Naomi Callaghan	0:13:30	0:40:08	0:22:26	1:16:04
8 Wayne Lewis	0:15:08	0:38:35	0:22:58	1:16:41
9 Neil Holmstrom	0:16:20	0:39:00	0:22:38	1:17:58
10 Brian Kean	0:14:17	0:39:38	0:25:24	1:19:19
11 Nipper Kettel	0:19:32	0:38:49	0:23:52	1:22:13
12 Ryan McEwen	0:16:00	0:45:08	0:22:00	1:23:08
13 Cheryl Miller	0:18:34	0:40:56	0:24:28	1:23:58
14 Leanne Garrison	0:14:49	0:43:04	0:27:49	1:25:42
15 Janice Holmstrom	0:15:04	0:45:03	0:25:48	1:25:55
16 Christine Souka	0:17:48	0:41:28	0:28:42	1:27:58
17 Lia Thiesmann	0:20:08	0:51:41	0:16:59	1:28:48
18 30-40-50 Team	0:17:34	0:48:04	0:23:28	1:29:06
19 Natasha Latchford	0:18:15	0:46:55	0:24:55	1:30:05
20 Janice Karpes	0:16:58	0:48:04	0:25:30	1:30:32
21 Laura Brough	0:17:34	0:45:19	0:28:15	1:31:08
22 Dennis Straussfogel	0:24:40	0:43:32	0:23:21	1:31:33
23 Susan Russell	0:18:01	0:46:17	0:27:27	1:31:45
24 Karen Broadworth	0:23:50	0:47:44	0:21:55	1:33:29
25 The 3 B's	0:16:50	0:54:30	0:22:37	1:33:57
26 Gregg Kauk	0:27:56	0:41:21	0:25:56	1:35:13
27 Jaimie Cloet	0:19:52	0:49:28	0:26:10	1:35:30
28 Andrea Davy	0:17:27	0:48:23	0:29:50	1:35:40
29 Caribou Cuties	0:20:16	0:50:03	0:26:40	1:36:59
30 Suzanne Cyr	0:24:27	0:47:18	0:25:22	1:37:07
31 Lorena Campbell	0:24:43	0:46:52	0:26:07	1:37:42
32 Heather Gudmundson	0:19:25	0:45:30	0:32:54	1:37:49

**M16-29**

---

Jonathan Taylor	0:16:47	0:38:43	0:19:34	1:15:04
Rob Vogt	0:18:00	0:36:45	0:20:42	1:15:27

**M30-39**

---

Shaun Kuzio	0:12:54	0:34:15	0:17:40	1:04:49
Paul Kennedy	0:14:08	0:38:01	0:22:20	1:14:29
Matt Janzen	0:16:38	0:38:30	0:20:05	1:15:13
Ryan McEwen	0:16:00	0:45:08	0:22:00	1:23:08
Gregg Kauk	0:27:56	0:41:21	0:25:56	1:35:13
Rick Sherman	0:21:15	1:12:56	0:48:55	2:23:06

**M40-49**

---

Wayne Lewis	0:15:08	0:38:35	0:22:58	1:16:41
Neil Holmstrom	0:16:20	0:39:00	0:22:38	1:17:58
Kevin Vriesendorp	0:18:45	0:47:09	0:42:44	1:48:38
Mark Earle	0:15:32	0:00:00	0:00:00	0:00:00

**M50+**

---

Brian Kean	0:14:17	0:39:38	0:25:24	1:19:19
Nipper Kettel	0:19:32	0:38:49	0:23:52	1:22:13
Dennis Straussfogel	0:24:40	0:43:32	0:23:21	1:31:33

**TFemale**

---

Caribou Cuties	0:20:16	0:50:03	0:26:40	1:36:59
NaNaNaN	0:15:57	0:50:30	0:34:58	1:41:25
Mackenzite Trio	0:18:41	0:53:19	0:29:51	1:41:51

**TMixed**

---

30-40-50 Team	0:17:34	0:48:04	0:23:28	1:29:06
The 3 B's	0:16:50	0:54:30	0:22:37	1:33:57
KimShelby	0:14:03	0:55:44	0:34:19	1:44:06

33 Tara Green	0:24:57	0:44:03	0:29:27	1:38:27
34 Michelle Simpson	0:17:02	0:52:36	0:29:03	1:38:41
35 Mary Mitchell	0:23:40	0:51:08	0:25:00	1:39:48
36 NaNaNaN	0:15:57	0:50:30	0:34:58	1:41:25
37 Mackenzite Trio	0:18:41	0:53:19	0:29:51	1:41:51
38 KimShelby	0:14:03	0:55:44	0:34:19	1:44:06
39 Kevin Vriesendorp	0:18:45	0:47:09	0:42:44	1:48:38
40 Christel Summerfelt	0:24:04	0:54:58	0:29:38	1:48:40
41 Laura Kelly	0:18:48	0:53:56	0:35:57	1:48:41
42 Barb Heine	0:25:42	0:58:57	0:33:04	1:57:43
43 Rick Sherman	0:21:15	1:12:56	0:48:55	2:23:06
44 Mark Earle	0:15:32	0:00:00	0:00:00	0:00:00
45 Kristine Bock	0:16:10	0:00:00	0:00:00	0:00:00